

Looking to gain additional HR knowledge? Looking to give back to the HR community? The San Diego HR Forum Mentorship program is a great way to get involved at any level!

The SDHR Forum Mentor Program will pair senior professionals in Human Resources with junior colleagues for a dynamic professional development experience: allowing senior professionals to give back and junior professionals to gain additional knowledge!

## What is the Process?

- Both mentors and mentees fill out an application -<u>Due by May 20, 2015!</u>
- 2. Attend the Mentorship Speed Dating Event to meet participating mentors / mentees June (TBD)
- SDHRF Professional Development Committee will approve participants and assign mentorship pairings
- 4. Participants notified of pairings (late June)

## What's Involved?

- One year commitment, minimum of 9 meetings
- Attend a mentor/mentee appreciation program after completion
- Participants agree to provide feedback, images, and learning takeaways for SDHRF marketing
- Mentorship sessions begin July

## Mentor Goals

- Foster professional development
- Provide expert level insight
- Create opportunities for learning
- Expand mentee's network
- Conduct meaningful meetings
- Mentors get free membership!

## Mentee Goals

- Develop HR leadership skills
- Get topical questions answered
- Learn from an experienced leader
- Expand network
- Actively participate in development and provide unique perspective